**VA1: Reflection questions**

**N.B.** enlarge (so each question fits on one page of A4 landscape) and print each question for Module 1 Welcome and introductions.

1. What do I bring to the mentoring role that I think will help potential mentees?
2. Based on self-awareness of my style and way of working with others, as well as subject knowledge, what do I need to work on in order to improve my effectiveness as a mentor in research communication?

How do I see being a mentor helping me in my professional and personal development?

What concerns do I have about this role?